

Michigan Friends Center

7748 Clarks Lake Road P.O. Box 218 Chelsea, Michigan 48118

A Quaker-Oriented Facility for Meetings, Retreats and Conferences

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<http://www.mfccenter.org>

Current Programs

Fall 2018

Autumnal Equinox Celebration — a multi-generational celebration of balance and letting go

Saturday, September 22, potluck 6-7 pm; bonfire 7-9 — at the Friends Lake beach; join us for any part (the food will be put away at 7)

Donations joyfully accepted.

Community – Ceremonies, Celebrations & Festivals—Body, Mind, & Spirit—Outdoors/Wilderness

We will celebrate the balance of day and night with a potluck dinner followed by a bonfire around which to share thoughts, poems, stories, songs, knowledge. All ages welcome.

Bring food to share and your own place settings. We will provide water and herbal iced tea. Bring something to share for after dinner as well-- a verse, story or song you like, seasonal lore, a readiness to partake in what others have brought. What does this season mean to you?

Bring flashlights, and long sleeves, and dress for the weather.



A Day of Solitude and Meditation Practice led by Carol Blotter

9:00 a.m. - 4:00 p.m. on Saturday, September 29; and Sunday, December 9

Suggested donation \$30 or as able. Pre-registration requested; contact Carol Blotter at 475-0942.

Meditation

Each retreat is an opportunity to enjoy the quiet of the country while practicing sitting and walking meditation. This day is appropriate for anyone interested in meditation: beginners will have break-out instruction; experienced meditators can be in silence all day; those in-between can practice and have their questions answered. These retreats are fundraisers for the benefit of Michigan Friends Center.

Contact Carol at (734)475-0942 or cb.meditate@gmail.com to register.

Web of Health: Connections with Environment and Well-Being: Friday night film series

7:00 pm Friday evenings Sept 28, Oct 2, Oct 9, and Oct 16

Donations joyfully accepted.

Sustainability

Through the film showings and group discussions, we explore the ways in which human health factors are intertwined with our environment and may be supported by nature-centered living conditions. We will seek to bring out representative issues that add new dimensions and pose provocative questions in addition to more familiar topics at the environment/health nexus. Co-sponsored by Transition Town Chelsea.

Getting Municipalities to Pass Bee Ordinances with Lynn Fox

7:00-8:30 p.m. Wednesday, October 17

Donations joyfully accepted.

Sustainability

Pollinators are vital to our food system - 85% of flowering plants depend on pollinators for reproduction. There are many factors that contribute to bee population decline – the varroa mite, pesticides, stress due to transporting bees across the country for pollination. Learn how to approach local governments to encourage passage of an ordinance that allows beekeeping.

2018 Winter Solstice Sing — a reflection of the season in sound and silence

Friday, December 21, 7-9 pm

Donations joyfully accepted.

Community – Ceremonies, Celebrations & Festivals—Body, Mind, & Spirit—Live Music, Sound, & Voice

We sit quietly in a circle and teach each other rounds, songs, and chants of the season as they occur to us. The woods around us, our sheltered circle focused on inner light, and our voices are the only elements of this simple celebration of the longest night.

Anyone who enjoys singing and sitting quietly is welcome. You don't need to be a singer--some just enjoy humming or listening. However most young children do not enjoy this event, since it does not involve any activity other than sitting and singing.
