

~ Film Series ~

# Web of Health: Connections with Environment and Well-Being

Presented by Transition Town Chelsea and Michigan Friends Center



*Please join us for an exciting 8-week series of films and group discussions. The films will take us from the mainstream to the controversial and back again many times. What is happening in the environment around us and how is it affecting us? How can we achieve better health consciously?*

All films are FREE, on Fridays, 7:00 to 9:00 PM

Donations warmly accepted

All films shown at Michigan Friends Center, 7748 Clark Lake Road

(From Chelsea: Take M-52 north to Waterloo to Clark Lake. Turn left into the drive.)

[Map here](#)

**September 28** – We begin with the historical perspective of **Radium City** to understand how young women who were not informed about the hazards came to harm from radioactive material nearly 100 years ago.

**October 5** – **In Defense of Food**, Micheal Pollan tells us, “Eat food. Not too much. Mostly plants.” See why old-fashioned balanced eating habits of natural foods are often superior to ever-changing modern dietary advice.

**October 12** – **Fat, Sick & Nearly Dead** chronicles the voyage of Joe Cross across 3,000 miles and 82 lost pounds for a natural solution to his rare autoimmune disorder, ending up with the opportunity to help another person like him.

**October 19** – **The Grounded** tells the story of film director Steve Kroschel's personal discovery of the benefits of Earthing and how it affected him and others in the small town of Haines in the rural wilderness of Alaska.

**October 26** – From **Generation Zapped**: “A WiFi classroom is like the inside of a microwave oven set at very low power.” What's wrong with that? What kind of field have we been playing in? Watch with us.

**November 2** – Science writer Ed Yong relates in **The Microbes Within Us** the amazing story of how our microscopic companions sculpt our organs, protect us from diseases, and may hold the key to understanding all life on earth.

**November 9** – **Chemical Exposures and the Brain: The Flint Water Crisis and More** is the proceedings of a Harvard Forum panel, discussing various chemical agents in the environment and their cognitive effects.

**November 16** – **The Beautiful Truth** tells both the bad and the good of it: how pharmaceutical solutions and other substances can be a dead end, whereas diet and wholesome environment can promote healing.



For questions: Please contact us at [transitiontownchelsea@gmail.com](mailto:transitiontownchelsea@gmail.com)  
or [manager@mfccenter.org](mailto:manager@mfccenter.org).

No registration required

